



7 DAY OREGON COAST ITINERARY

Day 1: Astoria to Cannon Beach (25.5 mi / 45 min)*

- 9:00 AM Portland to Astoria Drive (just under 2 hours)
- 11:00 AM Peter Iredale Shipwreck - Fort Stevens State Park
(Optional: Stay at Cannery Pier Hotel to spend more time in Astoria)
- 12:00 PM Seaside Aquarium - feed the seals.
- 12:30 PM Short Hike at Ecola State Park (due to mudslides, trails and viewpoints were closed)
- 1:15 PM Public Coast Brewing
- 2:30 PM Oswald West State Park - Hike to Short Sand Beach and on the way see a suspension bridge. We ended up taking the wrong trail, but it was still pretty.
- 4:15 PM Hug Point State Recreation Site - Hike to the Caves + seasonal waterfall
- 5:00 PM Dinner at the Wayfarer Restaurant and Lounge
- 6:00 PM Head out to photograph sunset at Haystack Rock

*We pretty much skipped a lot of Astoria on our trip, since we had already been and done a lot of the activities.

Day 2: Cannon Beach to Pacific City (64 mi / 90 min)

- 10:00 AM Crabbing with Kelly's Brighton Marina (Rockaway Beach)
- 12:00 PM Try the Original Corndog at Pronto Pup
- 1:00 PM Jacobsen Salt Co
- 4:00 PM Cape Kiwanda State Park
- 7:00 PM Dinner at Pelican Brewing (there was no sunset that night - very stormy)

Day 3: Pacific City to Newport (46.6 mi / 60 min)

- 9:00 AM Finder's Keepers glass float hunt
- 10:00 AM Brunch at Tiki's Lincoln City
- 11:00 AM Drift Creek Falls
- 2:30 PM Devil's Punchbowl
- 4:00 PM Yaquina Head Lighthouse / Tide Pooling at Yaquina Head Outstanding Natural Area (BLM - accepts America the Beautiful Pass)
- 6:00 PM Nye Beach
- 7:00 PM Dinner at Table of Content at Sylvia Beach Hotel

Day 4: Newport to Florence (49.3 mi / 60 min)

- 8:45 AM Breakfast at Sylvia Beach Hotel
- 10:30 AM Cape Perpetua Scenic Area/Thor's Well (must be at high tide)
- 12:30 AM Devil's Churn
- 1:00 PM Heceta Head Lighthouse Viewpoint
- 1:30 PM Sea Lion Caves (can also see Haceta Lighthouse from here but further away)
- 2:30 PM Lunch in Florence
- 3:00 PM Sand Master Park - Sandboarding
- 5:30 PM Dinner at Bridgewater Fish House
- 6:30 PM Sunset at Driftwood Shores Resort

Day 5: Florence to Port Orford (99.3 mi / 2 hours)

- 8:00 AM Breakfast at Surfside Restaurant and Lounge
- 9:30 AM Sand Dunes Frontier - Oregon Dunes National Recreation Area - Riding Dune Buggies
- 10:30 AM Oregon Dunes NRA Viewpoint
- 12:00 PM Dean Creek Elk Viewing Area
- 1:00 PM Lunch in Coos Bay
- 2:15 PM McCullough Bridge - passed and saw it but did not stop
- Face Rock State Scenic Viewpoint - Wizard's Hat / Howling Dog Rock
- 4:30 PM Cape Blanco
- 5:00 PM Drop off luggage at hotel / glamping spot WildSpring Guest Habitat
- 6:00 PM Face Rock State Scenic Viewpoint for rest of sunset
- 8:00 PM Late dinner in Bandon

Day 6: Port Orford to Brookings (56.2 mi / over an hour)

- 9:00 AM Breakfast buffet is provided at WildSpring Guest Habitat
- 9:45 AM South Coast Tours (guided sea kayaking, or SUPing experience) - weather was not good, so we skipped, but will go back to do the 10 mile Arches Territory kayak.
- 10:15 AM Sharkfin Rock // Myers Creek Beach
- 11:00 AM Cape Sebastian Scenic Corridor
- 11:45AM Arch Rock
- 12:15 PM Secret Beach Hike
- 12:45 PM Natural Bridges Hike
- 1:45 PM Whaleshead Beach Picnic Area
- 1:55 PM House Rock Viewpoint
- 2:30 PM Late Lunch in Brookings
- 3:30 PM Harris Beach State Park
- 5:00 PM Check into Tu Tu'Tun Lodge
- 7:00 PM Dinner at Barnacle Bistro

Day 7: Gold Beach to Boardman to PDX

- 9:00 AM Breakfast at Tu Tú Tun Lodge
- 11:00 AM Samuel H Boardman Hike
- 1:00 PM Drive back to Portland

